

# Barts Health NHS Trust

**Project Name:** Pharmacist led Lipid management model of care in North East London (NEL) Collaborative Working

**Project Summary:**

The main objective of the CWP is to improve the quality of care for patients and support the early identification, review, and medical optimisation of patients with atherosclerotic cardiovascular disease (ASCVD) in response to the needs of the CW Partner. This will be done with the hiring of Specialist Pharmacist who will optimise lipid therapy for patients in North East London (NEL) and will support local PCN pharmacists across the 7 boroughs of NEL (see appendix 1 for list of PCN's in NEL) in their efforts to optimise therapy for patients in Borough by Borough approach. Complex patients will be escalated to a newly created MDT for review.

The CWP will be led by a Consultant Pharmacist & Head of Pharmacy alongside a multi-disciplinary team; including Clinical Pharmacist, aiming to achieve:

1. Identification of sub-optimally treated ASCVD patients who are not achieving lipid levels as specified in local guidelines
2. Identification of ASCVD patients who have previously not tolerated or refused alternative lipid modification therapies
3. Review of treatment options and decision on next steps in collaboration with ASCVD patients with Patients at the highest risk to be prioritised for review (defined by the NHS partner as Adult patients who have had an IHD, PAD or Stroke/TIA and are not on a statin therapy and adult patients with a sub-optimal non-HDL > 2.5mmol/L despite maximal statin therapy. Cohorts defined by using the UCLP measures.)
4. Counsel and optimise ASCVD patients where appropriate
5. Early identification of at-risk patients who have not had intervention in their health and wellbeing
6. Identification of ASCVD patients, following risk assessment review, of ASCVD patients who are sub-optimally treated
7. On-going ASCVD patients support and annual review to ensure CVD outcomes improve equitably

**Planned Milestones:**

Milestone	Milestone Description	Milestone Delivery Date
1	Project Kick off meeting takes place; Confirmation of hiring of Pharmacist	October 2022
2	Completion of project review meeting; Collection of baselines data. Clinical initiation in the borough of Redbridge; Begin supporting local teams in the Borough of Redbridge; Identification of next borough ('s) for optimisation;	December 2022
3	Assessment of community pharmacy training needs for Point of Care testing and for monitoring and identification of patients on lipid monitoring therapies	June 2023
4	Completion of project review meeting; 9-month data; Clinical initiation in the next identified Borough('s)	September 2023
5	Completion of project review meeting; Needs assessment of point of care testing and assessment of Community Pharmacy competency to deliver point of care testing	December 2023
6	Completion of project review meeting; 18-month data; Clinical initiation in the next identified Borough('s)	June 2024
7	Business case submission	September 2024
8	Completion of project review meeting; 24-month data; Completion of clinical activity in all identified Borough('s)	December 2024
9	Project Outcomes summary submitted	December 2024

### Expected Benefits:

#### *Anticipated benefits for patients*

- Improved access to lipid management care leading to optimal diagnosis and management of ASCVD

treatments.

- Enhanced experience around ASCVD with ongoing management of the condition.
- Improved access to appropriate medication for suitable patients to preserve health and prevent long-term events
- Easier access to lipid management care closer to home in the Primary Care setting
- The additional capacity will provide additional time and support from PCN HCP with their lipid management, focusing on patients who may have previously not attended GP appointment or been lost to follow-up. Thus, leveling health inequalities within the PCN.

#### *Anticipated benefits for the NHS*

- Increased proportion of ASCVD patients reviewed by primary care
- Increased proportion of ASCVD patients receiving expert and timely review closer to home
- Reduction in ASCVD referral rates to secondary care
- Increased proportion of patients receiving guideline-directed pharmacotherapy
- Insight into benefits of primary care pharmacist led lipid management clinics in primary care
- Support aligned to NHS Long Term Plan, CVDPREVENT, and Network Contract DES

#### *Anticipated Benefits for Novartis*

- Insight on the appropriate use of ASCVD licensed medicines in line with NICE guidelines, including Novartis's medicine
- Enhanced reputation, and supporting Novartis' vision that no patient should have to wait for an extraordinary life, by supporting high quality Collaborative Working with healthcare organisations which addresses the problem of health inequalities
- Ethical, professional, and transparent relationship between Novartis and the Healthcare Organisation

**Start Date & Duration:** October 2022 – December 2024 (2 years 2 months)

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